



LUNCH MENU



Mama's Kitchen

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken Mashed Potato Green Beans Tossed Salad Roll Fruit	Potato Bar Broccoli/Cheese Baked Beans Carrot Sticks Bread Slice Fruit	Lasagna Bread Stick Sautéed Spinach Tossed Salad Fruit	Orange Chicken Rice Mixed Vegetables Tossed Salad Fruit	Corndog Mac/Cheese Broccoli Carrot Sticks Tossed Salad Fruit

Pop's Grill

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Cheeseburger Spicy Chicken Tossed Salad Fruit	Cheeseburger Chili Dog Baked Beans Tossed Salad Fruit	Cheeseburger Ham/Cheese Veggie sticks Tossed Salad Fruit	Cheeseburger Hamburger Grilled Chicken Tossed Salad Fruit	Cheeseburger Spicy Chicken Broccoli Carrot Sticks Tossed Salad Fruit

*Served with lettuce, tomato, pickles, onions and fruit

*Fries will be shoestring, spicy, wedges or sweet potato fries Tossed Salad Offered on all lines

Lunch Prices:

Students/Lunch	No Cost
Employees	3.50
Visitors	3.75

*Menu is subject to change without notice due to price and availability of food.

Common food allergen triggers including, but not limited to, dairy, nuts, soy and wheat may have come in contact with all foods during product manufacturing or serving.

Subs And Salads

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Turkey or Ham Wrap or Tuna or Pimento Cheese Sandwich Bean Salad or Chef Salad	Turkey or Ham Sub or Tuna or Pimento Cheese Sandwich Bean Salad or Chef Salad	Turkey or Ham Wrap or Tuna or Pimento Cheese Sandwich Bean Salad or Southwestern Chef Salad	Turkey or Ham Sub or Tuna or Pimento Cheese Sandwich Bean Salad or Chef Salad	Turkey or Ham Wrap or Tuna or Pimento Cheese Sandwich Bean Salad or Chef Salad

*Subs and sandwiches are served with lettuce, tomato, pickles, onion

*Vegetable sticks with dip, baked chips, tossed salad and fruit

Pizza And Lil' More

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Pizza Sticks Corn Tossed Salad	Taco Bar Tossed Salad Refried Beans	Pizza Green Beans Tossed Salad	Spaghetti Bread Stick Tossed Salad	Pizza Broccoli Tossed Salad

*Choice of vegetables and fruits

<u>Vegetables</u>	<u>Fruits</u>	<u>Milk</u>	<u>Juice</u>
Broccoli Carrot Cauliflower Celery Cucumber Green Beans Green Pepper	Lettuce Onion Potatoes Radish Refried Beans Tomato	Apple Banana Grapes Kiwi Orange Pears Pineapple Strawberries	Fat Free Flavored 1% White Skim White 100% Apple 100% Orange

Breakfast Menu

Monday

Choose
Biscuit Sausage
or
Grab-n-Go
Cereal
Fruit served
with all choices

Tuesday

Choose
Doughnut
or
Grab-n-Go
Cereal
Fruit served
with all choices

Wednesday

Choose
Egg Cheese / Bun
or
Grab-n-Go
Cereal
Fruit served with
all choices

Thursday

Choose
Chocolate or
Blueberry Muffin
or
Grab-n-Go
Cereal
Fruit served
with all choices

Friday

Choose
Canadian Bacon
Cheese
Biscuit
or
Grab-n-Go
Cereal
Fruit served
with all choices

Fat free flavored milk, skim white milk, 100% orange juice and apple juice served daily.

Breakfast Prices:

Students:	NO COST
Employees	\$2.50
Visitors	\$2.75

DEMS



2019-2020

Lunch Menu