



# Elem. Lunch MENU



| Elem. Choice #1 WEEK ONE  |   |   |   |   | Elem. Choice #1 WEEK TWO  |  |  |   |   |
|---|---|---|---|---|---|--|--|---|---|
| <b>Monday</b><br>Chicken<br>Mashed Potato<br>Green Beans<br>Roll<br>Tossed Salad<br>Carrots Sticks<br>Strawberries<br>Apple | <b>Tuesday</b><br>Spaghetti<br>Broccoli<br>Bread Stick<br>Tossed Salad<br>Mixed Berries<br>Orange | <b>Wednesday</b><br>Taco<br>Refried Beans<br>Tossed Salad<br>Salsa<br>Apple Sauce<br>Grapes | <b>Thursday</b><br>Beef Vegetable<br>Soup<br>Grilled Cheese<br>Or<br>Taco Soup<br>Veggie Sticks<br>Tossed Salad<br>Peaches<br>Apple | <b>Friday</b><br>Cheeseburger<br>Hamburger<br>Fries<br>Carrot Sticks<br>Tossed Salad<br>Mixed Fruit<br>Orange | <b>Monday</b><br>Chicken Bas-<br>ket<br>Baked Beans<br>Tossed Salad<br>Carrot Sticks<br>Strawberries<br>Apple | <b>Tuesday</b><br>Rib/Bun<br>Green Beans<br>Mashed Potatoes<br>Tossed Salad<br>Mixed Berries<br>Orange | <b>Wednesday</b><br>Chicken Noodle<br>Soup<br>Chili<br>Grilled Cheese<br>Tossed Salad<br>Apple Sauce<br>Grapes | <b>Thursday</b><br>Corn dog<br>Mac/Cheese<br>Broccoli<br>Tossed Salad<br>Peach<br>Apple | <b>Friday</b><br>Cheeseburger<br>Hamburger<br>Fries<br>Carrot Sticks<br>Tossed Salad<br>Mixed Fruit<br>Orange |

| Elem. Choice #2 WEEK ONE  |   |  |   |   | Elem. Choice #2 WEEK TWO  |  |   |  |  |
|---|---|--|---|---|---|--|---|--|--|
| <b>Monday</b><br>Fish Shapes<br>Mashed Potato<br>Green Beans<br>Roll<br>Tossed Salad<br>Carrots Sticks<br>Strawberries<br>Apple | <b>Tuesday</b><br>Chicken Alfredo<br>Broccoli<br>Bread Stick<br>Tossed Salad<br>Mixed Berries<br>Orange | <b>Wednesday</b><br>Hotdog<br>Refried Beans<br>Tossed Salad<br>Apple Sauce<br>Grapes | <b>Thursday</b><br>Pizza<br>Veggie Sticks<br>Tossed Salad<br>Peaches<br>Apple | <b>Friday</b><br>Breaded Chick-<br>en /Bun<br>Fries<br>Carrot Sticks<br>Tossed Salad<br>Mixed Fruit<br>Orange | <b>Monday</b><br>Fish Basket<br>Baked beans<br>Tossed Salad<br>Carrot Sticks<br>Strawberries<br>Apple | <b>Tuesday</b><br>Grilled Chicken<br>Green Beans<br>Mashed Potato<br>Tossed Salad<br>Mixed Berries<br>Orange | <b>Wednesday</b><br>Pizza Sticks<br>Pizza Sauce<br>Carrot Sticks<br>Tossed Salad<br>Apple Sauce<br>Grapes | <b>Thursday</b><br>Chicken Nuggets<br>Mac/Cheese<br>Broccoli<br>Tossed Salad<br>Peaches<br>Apple | <b>Friday</b><br>Hotdog/Bun<br>Fries<br>Carrot Sticks<br>Tossed Salad<br>Mixed Fruit<br>Orange |

\*Served with lettuce, tomato, pickles, onions

| Elem. Salad Shoppe   |   |   |   |  |
|--|---|---|---|--|
| <b>Monday</b><br>Chef Salad<br>w/Chicken<br>Strawber-<br>ries<br>Apple | <b>Tuesday</b><br>Chef Sal-<br>ad<br>w/Turkey<br>Mixed<br>Berries<br>Orange | <b>Wednesday</b><br>Southwest-<br>ern<br>Chef Salad<br>Apple<br>Sauce<br>Grapes | <b>Thurs-<br/>day</b><br>Chef Sal-<br>ad<br>w/Ham<br>Peaches<br>Apple | <b>Friday</b><br>Southwest-<br>ern<br>Chef Salad<br>Mixed<br>Fruit |

*Common food allergen triggers including, but not limited to, dairy, nuts, soy and wheat may have come in contact with all foods during product manufacturing or serving.*

| <u>Vegetables</u> | <u>Fruits</u>               | <u>Milk</u>                               | <u>Juice</u>     |
|-------------------|-----------------------------|---|------------------|
| Broccoli          | Apple                       | Fat Free Flavored                         | 100% Apple       |
| Carrot            | Banana                      | Skim White                                | 100% Orange      |
| Cauliflower       | Grapes                      | <b>Choice of Milk Served on all Lines</b> | 100% Fruit Juice |
| Celery            | Peaches                     |   |                  |
| Cucumber          | Orange                      |   |                  |
| Green Beans       | Pears                       |   |                  |
| Green Pepper      | Pineapple                   |   |                  |
| Corn              | Strawberries<br>Blueberries |   |                  |

[USDA Nondiscrimination Statement.](#)

Lunch Prices

Students NO COST  
Adults \$3.75

\*Menu is subject to change without notice due to price and availability of food.

# Breakfast Menu

# Elementary

## Monday

Choose  
Breakfast Pizza  
or  
Grab-n-Go  
Cereal  
or

**Fruit served  
with all choices**

## Tuesday

Choose  
Pancakes  
or  
Grab-n-Go  
Cereal

**Fruit served  
with all choices**

## Wednesday

Choose  
Sausage / Biscuit  
Gravy  
or  
Grab-n-Go  
Cereal

**Fruit served with  
all choices**

## Thursday

Choose  
Chicken Biscuit  
or  
Grab-n-Go  
Cereal  
**Fruit served with all  
choices**

## Friday

Choose  
Mini Doughnuts or Pop  
Tarts  
or  
Grab-n-Go  
Cereal  
**Fruit served with all  
choices**



Fat free flavored milk, skim white milk,  
100% orange juice and apple juice served daily.

# 2019-2020

# Menu

|  |         |  |          |         |        |        |
|--|---------|--|----------|---------|--------|--------|
| <p><b>USDA Nondiscrimination Statement</b></p> <p>In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.</p> <p>Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.</p> <p>To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at <a href="http://www.ascr.usda.gov/complaint_filing_cust.html">http://www.ascr.usda.gov/complaint_filing_cust.html</a>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.</p> <p>Submit your completed form or letter to USDA by:</p> <p>(1) mail: U.S. Department of Agriculture<br/>Office of the Assistant Secretary for Civil Rights<br/>1400 Independence Avenue, SW<br/>Washington, D.C. 20250-9410;</p> <p>(2) fax: (202) 690-7442; or</p> <p>(3) email: <a href="mailto:program.intake@usda.gov">program.intake@usda.gov</a>.</p> <p>This institution is an equal opportunity provider</p> |         | <p><b>Breakfast Prices</b></p> <table> <tr> <td>Students</td> <td>No Cost</td> </tr> <tr> <td>Adults</td> <td>\$2.50</td> </tr> </table> | Students | No Cost | Adults | \$2.50 |
| Students   | No Cost |  |          |         |        |        |
| Adults   | \$2.50  |  |          |         |        |        |